

ABCD TECHNIQUE - SUPPLIES AND FABRIC

Morning - Make the 32 ABCD Blocks

Lunch break - Trunk Show while you eat

Afternoon - Square up the blocks & design a quilt

Please come to class with your fabric precut according to the diagram.

Use 100% cotton fabrics - avoid stripes, checks, large prints, and loose weave fabrics. Remember the importance of value and stick with fabrics that appear solid from a distance. There will not be time in class to add the border, quilt the top, and bind so please leave those fabrics at home.

Supplies:

- _____ 1/2 yard of light material
- _____ 1/2 yard of medium material
- _____ 1/2 yard of dark material
- _____ Tool/Pencil for marking on dark & light fabrics
- _____ Small Ruler Ex. 3 x 9, 4 x 8 - longer than 6"
- _____ 4 x 4 Ruler with 45° for squaring blocks
- _____ Rotating cutting mat or small cutting mat
- _____ Sewing machine, Pins, Rotary cutter - bandaids :)
- _____ Small iron and pressing mat IF you have one
- _____ Painter's Masking Tape - Blue
- _____ Cell phone or camera for taking pictures
- _____ Sewing Machine Feet (not just 1/4" Foot)
- _____ Extra needles just in case
- _____ 1 yard of Flannel for design wall - Optional
- _____ Manual for machine - Optional

Leave at Home:

- _____ Extra 12" for 3" borders of dark material
- _____ Extra 12" of light or medium material for binding
- _____ 1 yard for backing of light, medium, or dark

CUTTING INSTRUCTIONS

It is my recommendation to starch the fabrics - it is okay to leave them folded like they came off the bolt but check that the edges match. Layer all three 1/2 yard fabrics on top of each other matching the selvage ends and fold line. Cut 5" squares referring to the chart. You may leave them stacked. This method will yield 24 of each fabric = 72. An 8 x 8 grid will use only 64 squares but we want extra to use in the design process and if you make a mistake.

